

MONDAY

SWEET THAI HONEY BBQ
CHICKEN

FIVE BEAN
CHILLI CON CARNE

YELLOW RICE
TOMATO & BEAN RAGOUT

MIXED SALAD

TANGY LEMON
SPONGE & CUSTARD

WEEK 1

TUESDAY

SMOKED BACON, TOMATO
& BASIL PASTA

MACARONI CHEESE

ROASTED ITALIAN
VEGETABLES
GARLIC BREAD

MIXED SALAD

BELGIAN WAFFLES
CREAM & CHOCOLATE
SAUCE

WEDNESDAY

ROAST BREAST OF
TURKEY
YORKSHIRE PUDDING
SAGE & ONION STUFFING

GREEK STYLE VEGETABLE
MOUSAKKA

ROAST POTATOES
MIXED VEGETABLES

MIXED SALAD

OREO COOKIES & CREAM

THURSDAY

SPICY PIRI PIRI CHICKEN
WITH A SALSA SAUCE

ROASTED VEGETABLE
FRITATTA

SWEET POTATO FRIES
CORN ON COB

MIXED SALAD

EXOTIC FRUIT SALAD

FRIDAY

JUMBO SAUSAGE ROLL

CHICKEN FILLET IN A BUN

VEGGIE ¼ POUNDER

THICK CUT CHIPS
SOUTHERN FRIED
WEDGES
BAKED BEANS
PEAS

MIXED SALAD

CHOCOLATE DOUGHNUTS

MONDAY

MINTED MOROCCAN
STYLE LAMB

VEGETABLE FALAFEL
WITH PITTA BREAD &
HOUMOUS

SPICED COUSCOUS
ROASTED CARROTS

MIXED SALAD

STRAWBERRY SPONGE &
CUSTARD

TUESDAY

PENNE PASTA
BOLOGNAISE
(BEEF)

VEGETARIAN LASAGNE

CIABATTA GARLIC BREAD
GREEN BEANS

MIXED SALAD

RASPBERRY
CHEESECAKE

WEDNESDAY

ROAST LOIN OF PORK
YORKSHIRE PUDDING
SAGE & ONION STUFFING

POTATO, LEEK & CHEESE
GRATIN

ROASTED POTATOES
SELECTION OF SEASONAL
VEGETABLES

MIXED SALAD

CHOCOLATE FLAKE
MOUSSE

THURSDAY

CHICKEN JALFREZI
WITH MINI NAAN BREAD
ONION BHAJIS

SWEET POTATO &
SPINACH KORMA CURRY

GARLIC RICE
PEAS & SWEETCORN

MIXED SALAD

ORANGE SPONGE
LEMON MASCARPONE

FRIDAY

BATTERED COD FILLET

CHICKEN FILLET IN A BUN

SPICY BEAN BURGER

CHIPS
SOUTHERN FRIED
WEDGES
BAKED BEANS
PEAS

MIXED SALAD

JAM DOUGHNUTS

WEEK 2



Cert.No.MEP-C-089

MONDAY

PORK & CHORIZO
SAUSAGES
RED ONION GRAVY

VEGGIE & CHEESE
SAUSAGES, BBQ BEANS

SAVOURY DICED
POTATOES
CARROTS & PEAS

MIXED SALAD

MANGO & COCONUT
SPONGE
CUSTARD

WEEK 3

TUESDAY

SWEET CHILLI CHICKEN
PRAWN CRACKERS

QUORN & VEGETABLE
SWEET & SOUR

LEMON & HERB RICE
STEAMED BROCCOLI

MIXED SALAD

AMERICAN STYLE
PANCAKES & BLUEBERRY
SYRUP

WEDNESDAY

ROAST TOPSIDE OF BEEF
YORKSHIRE PUDDING

CAULIFLOWER &
BROCCOLI CHEESE

ROASTED POTATOES
VEGETABLE SELECTION

MIXED SALAD

DARK CHOCOLATE TART
WHIPPED CREAM

THURSDAY

JERKED LOIN OF PORK
JAMAICAN CHICKEN
PATTIES

BAJAN MACARONI PIE

RICE & PEAS
CORN ON COB

MIXED SALAD

SUMMER FRUIT JELLIES

FRIDAY

JUMBO SAUSAGE ROLL

CHICKEN FILLET IN A BUN

VEGETABLE ¼ POUNDER

CHIPS
SOUTHERN FRIED
WEDGES
BAKED BEANS
PEAS

MIXED SALAD

CHOCOLATE CHIP
FLAPJACK

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**SPANISH CHICKEN &
CHORIZO PAELLACHICKEN MEATBALLS,
PENNE , TOMATO & BASILSAGE & ONION ROASTED
CHICKEN SUPREME
YORKSHIRE PUDDINGSPICY CHILLI CON CARNE
(BEEF)
TORTILLAS & SOUR
CREAM

BATTERED COD FILLET

CHICKEN FILLET IN A BUN

VEGETABLE, LEMON &
SPELT RISOTTOMUSHROOM RAVIOLI
TOMATO & BASILSPINACH & FETA CHEESE
FILO PARCELVEGETABLE & BEAN
BURRITOSSPINACH & FALAFEL
BURGERGARLIC FLAT BREAD
MINTED PEASGARLIC BREAD
SWEETCORNROASTED POTATOES
FRESH SELECTION OF
VEGETABLESMEXICAN RICE
BUTTERED SWEETCORNTHICK CUT CHIPS
SOUTHERN FRIED
WEDGES
BAKED BEANS
PEAS

MIXED SALAD

MIXED SALAD

MIXED SALAD

MIXED SALAD

MIXED SALAD

APPLE & SUMMER FRUIT
STRUDEL
WHIPPED CREAM

PASSION FRUIT MOUSSE

MANGO CHEESECAKE

CHURROS DOUGHNUTS
WITH CHOCOLATE SAUCECHOCOLATE FUDGE
BROWNIE

WEEK 4



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